

# East China Staff Menu

## September 2022

**Please Place All Orders By 7:00 A.M.**

### Monday

**Salad: Spinach W/Apples**

W/Spinach, Apples, Craisins, Feta, Red Onion, Bacon, Croutons

**Sandwich: Turkey Club Wrap**

W/ Turkey, Lettuce, Tomato, Bacon, Mayo

### Tuesday

**Salad: Chef**

W/ Mixed Lettuce, Ham, Turkey, Cheddar, Tomato, Red Onion, Egg, Croutons

**Sandwich: Tex Mex Chicken**

W/ Seasoned Chicken, Black Bean, Feta, Lettuce, Tomato, Red Onion, Tex Mex Aoli

### Wednesday

**Salad: Antipasto**

W/ Mixed Lettuce, Ham, Pepperoni, Black Olive, Banana Peppers, Red Onion, Tomato, Mozzarella

**Sandwich: Chicken Salad on Croissant**

W/ Lettuce, Mayo, Salt & Pepper, Celery Seed, Red Onion, Mustard

### Thursday

**Salad: Cobb**

W/ Mixed Lettuce, Chicken, Bacon, Egg, Feta, Red Onion, Tomato, Croutons

**Sandwich: Italian Sub**

W/ Ham, Pepperoni, Lettuce, Tomato, Red Onion, Mozzarella. Banana Peppers, Italian Dressing

### Friday

**Salad: Cowboy**

W/ Mixed Lettuce, Seasoned Black & Corn, Bacon, Feta, Red Onion, Tomato, Croutons, Spicy Ranch

**Sandwich: Balsamic Veggie Wrap**

W/ Egg Plant, Yellow Squash, Zucchini, Red & Green Peppers, Red Onion, Garlic Aioli

**\*Fruit Parfaits \$4.25 Available Daily\***

**\*All Sandwiches Served W/House-Made Chips\***

**\*All Sandwiches & Salads Orders Include a Small Bottle of Water\***

**Salads & Sandwiches \$5.25**